



1

Pat your head & rub your tummy!

2

Pull your funniest face!



Share a secret with a friend!

8



7

Pretend you are an animal!

Do TEN

star jumps



6

Stay still like a statue for 10 seconds!



friend!

Say something nice about a friend!

4



Do a good deed today for a friend!

3



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5

Stay still like a statue for 10 seconds!